## WHAT IS CLAIMED IS:

1. A method for manufacturing a glass base material, which is a base material of an optical fiber, comprising:

forming a core of said glass base material;

said forming said core including:

accumulating glass particles on a starting rod to form a porous glass soot;

sintering said porous glass soot in an atmosphere of mixed gas containing fluorine-compound gas to form a GI type refractive index profile, the refractive index of which gradually decreases with a distance from a center of said core; and

forming a clad of said glass base material around said core.

2. A method as claimed in claim 1, wherein:

said sintering said porous glass soot controls a fluorine-compound gas content in said atmosphere of said mixed gas and a sintering speed for sintering said porous glass soot to form said GI type refractive index profile.

3. A method as claimed in claim 2, further comprising: recognizing a density of said porous glass soot;

determining said fluorine-compound gas content in said mixed gas based on said recognized density of said porous glass soot; and

determining said sintering speed based on said recognized density of said porous glass soot; wherein:

said sintering sinters said porous glass soot according to said determined fluorine-compound gas content and said determined sintering speed.

4. A method as claimed in claim 1, wherein said accumulating said glass particles forms said porous glass soot having a density in a range from  $0.15 \text{ g/cm}^3$  to  $1.0 \text{ g/cm}^3$ .

- 5. A method as claimed in claim 4, wherein said accumulating said glass particles forms said porous glass soot having a density in a range from  $0.15 \text{ g/cm}^3$  to  $0.4 \text{ g/cm}^3$ .
- 6. A method as claimed in claim 2, wherein said sintering said porous glass soot controls said fluorine-compound gas content within a range from 0.1 Vol% to 10 Vol%.
- 7. A method as claimed in claim 2, wherein said sintering said porous glass soot controls said sintering speed within a range from 5 mm/min to 10 mm/min.
- 8. A method as claimed in claim 1, wherein said accumulating said glass particles hydrolyzes and accumulates silicon tetrachloride on said starting rod.
- 9. A method as claimed in claim 1, wherein said forming said core further includes forming an inner core, a refractive index of which is substantially the same as a refractive index of pure quartz, inside said core.
- 10. A glass base material, which is a base material of an optical fiber, comprising:
- a fluorine-doped core which has a GI type refractive index profile that gradually decreases with a distance from a center of said fluorine-doped core; and
- a fluorine-doped clad having a substantially uniform refractive index profile.
- 11. A glass base material as claimed in claim 10, further comprising: an inner core, a refractive index of which is substantially the same as a refractive index of pure quartz, inside said fluorine-doped core.

- 12. A glass base material as claimed in claim 11, wherein the highest refractive index of said fluorine-doped core is smaller than said refractive index of said inner core.
- 13. A glass base material as claimed in claim 12, wherein a refractive index of said fluorine-doped clad is smaller than the lowest refractive index of said fluorine-doped core.
- 14. A glass base material as claimed in claim 11, wherein an absolute value of a difference of a refractive index between said inner core and said pure quartz is 0.001 or smaller.
- 15. An optical fiber, comprising:
- a fluorine-doped core which has a GI type refractive index profile that gradually decreases with a distance from a center of said fluorine-doped core; and
- a fluorine-doped clad having a substantially uniform refractive index profile.
- 16. An optical fiber as claimed in claim 15, further comprising: an inner core, a refractive index of which is substantially the same as a refractive index of pure quartz, inside said fluorine-doped core.
- 17. An optical fiber as claimed in claim 16, wherein the highest refractive index of said fluorine-doped core is smaller than said refractive index of said inner core.
- 18. An optical fiber as claimed in claim 17, wherein a refractive index of said fluorine-doped clad is smaller than the lowest refractive index of said fluorine-doped core.
- 19. An optical fiber as claimed in claim 16, wherein an absolute

value of a difference of a refractive index between said inner core and said pure quartz is 0.001 or smaller.

- 20. An optical fiber as claimed in claim 15, wherein said optical fiber is an optical fiber for a high power laser.
- 21. An optical fiber as claimed in claim 20, wherein said high power laser is a YAG laser.